

BANANA

CHARACTERISTICS

INFORMATION

EXPORTED VALUE 2021	USD Mil 1066159,25
TONS	2507484,96
MAIN EXPORTS DESTINATIONS	United States, Holland, United Kingdom, Italy, Spain
CERTIFICATIONS	GlobalG.A.P, GRASP, BRC, Sedex Global, Sustainably Grown; RAS - Rainforest Alliance, ETI-SMETA, TESCO
AVAILABILITY	ALL YEAR
NUMBER OF DESTINTIONS	47 countries
VARIETIES	CAVENDISH, BABY BANANA (LADY FINGERS)



Costa Rica is the # 3 banana exporter in the world.



High content of vitamin C, potassium and vitamins A and B.



Provides vitamin A, vitamin C, folic acid, B complex, vitamin E and sugars, as well as important minerals such as potassium, iron, and magnesium.

